

| Name: | |
|----------------------------|--|
| Learning Community: | |
| My "True Color": | |

Table of Contents

| What are Learning Communities? | 3 |
|---|-------|
| Vision | |
| True Colors Personality Quiz | 4-6 |
| Colors at a Glance | |
| Program History | 7-9 |
| Where Do You Come In? | |
| Roles and Responsibilities | |
| IMTPC Certification Requirements | 11-12 |
| Professional Development Events | |
| High Impact Practices | 13-14 |
| Eight Characteristics of Especially Effective Learning Environments | |
| Diversity and Inclusion | 15-17 |
| Why is Diversity Important? | |
| "Distinctively Wayne State University" Strategic Plan 2016-2021 | |
| Creating Inclusion | |
| Cultural Treasure Hunt | |
| Nuts & Bolts of Being a Peer Mentor | 19-20 |
| What to Expect | |
| Issues and Challenges for Peer Mentors | 21-23 |
| Issues for Students | |
| Transfer Students | |
| Challenges You May Encounter as a Peer Mentor | |
| Establishing Effective Study Groups | |
| Standards of Behavior for Peer Mentors | 24-25 |
| Confidentiality | |
| Integrity | |
| Ethical Standards | |
| Tools of a GREAT Peer Mentor | 26 |
| What IF you get stuck? | 27-29 |
| Program Planning Checklist | |
| Reserving Meeting Space | |
| Advice from Previous Peer Mentors | |
| Resource Fair Passport | 30 |
| Appendices | 31-34 |
| Resource List of Offices/Services | |
| Learning Community Calendar | 35 |
| Campus Map | 36 |

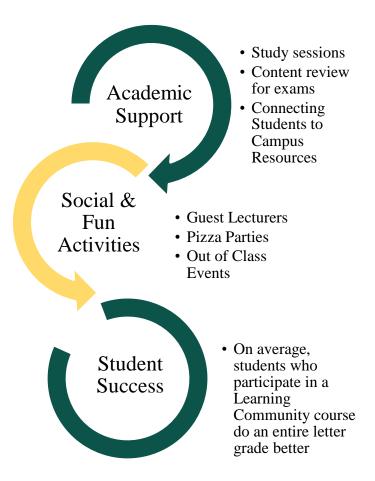
Additional materials available for download at lc.wayne.edu.

Much of the content in this Workbook was taken from the peer mentor handbook developed by Kurt Earnest, Doug Gruenewald, and Mimi Benjamin at Iowa State University. We thank them for allowing us to use their excellent materials.

What are Learning Communities?

Vision

To support Wayne State University's commitment to student learning, the Learning Community initiative seeks to enhance our undergraduates' experience by providing all interested students dynamic, focused communities in which students, staff, and faculty can learn and grow together.



How can YOUR learning community help students reach these expectations?

Organize students and faculty into smaller groups

Highlight connections in content to other areas of life and make learning more meaningful

Help students establish academic and social support networks

Students recognize peers as important partners in the learning process

Bring faculty together in more meaningful ways

Academic support can be brought TO students, provide a connection to resources

Student learning with emphasis on teaching and learning

| Shapiro, Nancy Sherman., and Jodi Levine Laufgraben. "Why Learning Communities?." Creating Learning Communities: A Practical Guide to Winning Support,
Organizing for Change, and Implementing Programs. San Francisco: Jossey-Bass, 1999. 3-6. Print.

True Colors Personality Quiz

Describe Yourself: In the boxes below are groups of word clusters printed <u>horizontally</u> in rows. Look at all the choices in the first box (A, B, C, D). Read the words and **decide which of the four letter choices is most like you**. Give that a "4". Then rank order the next three letter choices from 3-1 in descending preference. You will end up with a box of four letter choices, ranked from "4" (most like you) to "1" (least like you). Continue this process with the remaining four boxes until each have a 4, 3, 2, and 1.

| Box One A active opportunistic spontaneous | B | C | D |
|--|---------------|---------------|--------------|
| | parental | authentic | versatile |
| | traditional | harmonious | inventive |
| | responsible | compassionate | competent |
| Box Two E curious conceptual knowledgeable | F | G | H |
| | unique | practical | competitive |
| | empathetic | sensible | impetuous |
| | communicative | dependable | impactful |
| Box Three I loyal conservative organized | J | K | L |
| | devoted | realistic | theoretical |
| | warm | open-minded | seeking |
| | poetic | adventuresome | ingenious |
| Box Four M concerned procedural cooperative | N | O | P |
| | daring | tender | determined |
| | impulsive | inspirational | complex |
| | fun | dramatic | composed |
| Box Five Q philosophical principled rational | R | S | T |
| | vivacious | exciting | orderly |
| | affectionate | courageous | conventional |
| | sympathetic | skillful | caring |
| Score 1 = | = | Score 2 = | = |
| Score 3 = | = | Score 4 = | = |

| Ison, N. (2013, November 4). First Year Training. Retrieved July 18, 2016, from http://bonnernetwork.pbworks.com/w/page/68569193/First Year Training

Colors at a Glance

| Characteristics | Free, Impetuous, Spontaneous | | |
|-----------------|--|-----------|-----------------------------------|
| Characteristics | Affection Authenticity, Love | | Confidence Occurred Octionism |
| | Influence, Security, Status | Expresses | Confidence, Openness, Optimism |
| | Accuracy, Competence, Truth | | Enthusiasm, Inspiration, Vivacity |
| | | | Concern, Purpose, Stability |
| Values | Action, Freedom, Performing | | Coolness, New ideas, Reservation |
| values | Compassion, Rapport, Sympathy | | Enjoyment, Fun, Recreation |
| | Dependability, Responsibility, Stability | Fosters | Community, Growth, Harmony |
| | Answers, Explanations, Intelligence | | Institutions, Rules, Traditions |
| Dogardo | Competition, Options, Opportunity | | Growth, Inventions, Technology |
| Regards | Identity, Meaning, Significance | Despests | Expression, Skills |
| | Dedication, Order, Service | Respects | Empathy, Nurturing |
| | Efficiency, Ideas, Output | | Loyality, Obligation |
| Dialilea | Authority, Rigidity, Rules | | Capability, Knowledge |
| Dislikes | Deception, Hypocrisy, Insincerity | | |
| | Ambiguity, Non-conformity, Waste | | |
| | Incompetence, Injustice, Unfairness | | |
| | | | |

| How you are perceived: | How <u>YOU</u> see yourself: |
|--|--|
| Overly-emotional, Bleeding heart, Mushy, Immature, Unrealistic, Hopelessly naïve, Smothering, Too trusting, Easy to manipulate, Groveling/fawning, Soft, Out of touch with reality | Warm, Caring, Romantic, Spiritual, Cause-oriented, Unselfish, Caretaker, Empathetic, People-person, Affirming, Kind, Sympathetic, Desiring harmony |
| Rigid, Controlling, Dull, boring, Stubborn/pigheaded, Opinionated, System-bound, Unimaginative, Judgmental, Bossy, controlling, Limiting flexibility, Uptight, Sets own agenda, Predictable, End justifies the mean, Rigid ideas of time, Limited, Throws away good items needlessly | Stable, Firm, Providing security, Dependable, Always have a view, Efficient, Realistic, Decisive, Orderly Executive type, Good planner Organized person, Dependable, Punctual, Good at sorting, Goal oriented, Finish what I start |
| Irresponsible, Flaky, Wishy-washy, Not serious, Disobeying rules, Manipulative, Scattered, Not able to stay on task, Uncontrollable, Resists closure, Indecisive, Spending time at things they enjoy | Fun-loving, Carefree, Flexible, Practical, Hands-on, Spontaneous, Problem-solver, Good negotiator, Here and now, Sees shades of gray, Deals with chaos, Eclectic, Do many things at once |
| Intellectual snob, Arrogant, Heartless, Unrealistic, Cool/aloof, Afraid to open up, Critical, Not on my side, Lacking mercy, Unappreciative, Stingy with praise, Ignores people values, Devaluating relational aspects | Stable, Firm, Providing security, Dependable, Efficient, Good planner, Realistic, Decisive, Orderly, Executive Type, Dependable, Good at sorting, Goal oriented, Punctual, Finish what I start |

Succeeding with Different Types

Succeeding with the Succeeding with the

Orange Individual:

- A direct right-to-the-point approach gets their attention Respect their lack of structure and
- need for spontaneity Get involved in physical activities
- Compliment their generosity and sense of humor

Blue Individual:

- Respect their need to know about vou
- Take a creative approach to problem solving
- Be truthful and sincere Cooperate with other team
- Show that you value and appreciate them through thoughtfulness
- Be helpful, open, and communicative

Succeeding with the Succeeding with the

Gold Individual:

- Be organized and neat in work and appearance
- Be truthful
- Plan ahead of them
- Don't beat around the bush; be up front
- Respect their need for tradition and stability
- Be loyal and dependable
- Support their need for structure and security

Green Individual:

- Respect their preoccupation with ideas and logic Know that they care but may not
- express feelings freely Respect their wisdom and knowledge
- Think ahead; Greens appreciate future-orientation
- Help them with day-to-day details Praise their ingenuity and intelligence

Personality Styles

Orange

New and varied activities Provides power and authority Provides prestige and challenge

- Opportunities for individual accomplishment
- Wide scope of operations Gives direct answers
- Opportunity for advancement Freedom from controls and supervision
- Unstructured Exciting

Blue

Interactive Action oriented

Personal Friendly and social

Relaxed and unstructured Freedom of expression Democratic relationships

Freedom from control and detail

Opportunity to verbalize proposal Opportunity for social

recognition

Gold

Structured Permanent **Efficient** Cooperative

Secure Maintenance of status quo Predictable routines Credit for work accomplished

Sincere appreciation Identification with a group Standard operating procedures

Green

Focus Conceptual Doesn't like change Organized

Intelligent Efficient New Ideas Knowledgeable Competence Accurate Truthful

Minimal conflict

Leadership Styles

Orange

- Expects quick action Assumes flexibility
- Works in the here and now
- Performance oriented
- Flexible approach Welcomes change
- Institutes change quickly
- Expects people to "make it fun"

Blue

Expects others to express views

Assumes "family spirit" Works to develop other's

potential

Individual oriented

Democratic, unstructured approach

Encourages change via human potential

Change time allows for sense of security

Expects people to develop their potential

The STRENGTHS and WEAKNESSES of Styles in ORGANIZATIONS

Blues...

Their strengths include their ability to persuade and cooperate. These are the team builders. Their weaknesses include an over-personalization of organizational problems and their tendency to carry grudges.

Greens...

Their strengths include their ability to think systematically and strategically. These are the natural analysts. Their weaknesses include their tendency to make things more complex than necessary and their impatience with incompetence.

Golds...

Their strengths include their strong sense of responsibility and duty to the organization. These are the organization's backbone. Their weaknesses include their rigidity and narrow focus on meeting rules and regulations.

Oranges...

Their strengths include their ability to do a variety of tasks with ease and their sense of urgency when the situation demands it. These are the organizational troubleshooters. Their weaknesses include their disinterest in routine and being too present-oriented, at the expense of long-term thinking.

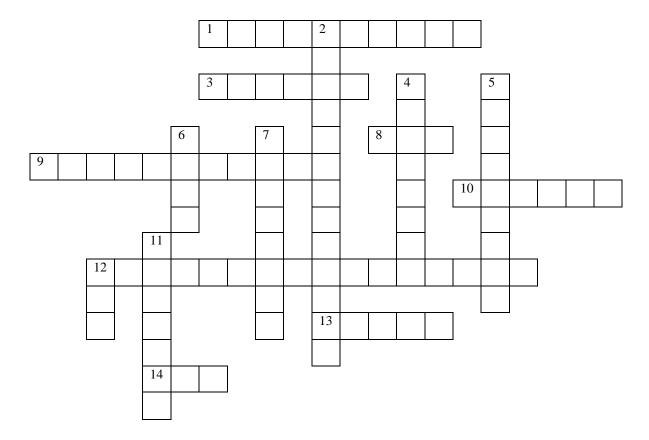
Gold

- Expects punctuality, order, loyalty
- Assumes "right" way to do things
- Seldom questions tradition Rules oriented
- Detailed/thorough approach
- Finds change difficult Prolonged time to initiate
- Expects people to play their

Green

- Expects intelligence and competence
- Assumes task relevance
- Seeks way to improve systems
- Visionary
- Analytical Encourages change for
- improvement Constantly in process of
- Expects people to follow through

Program History



Across

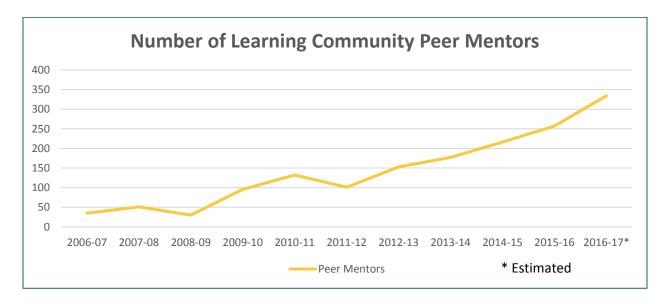
- 1. The plan to check achievement of goals
- 3. Support based on out-of-classroom events
- 8. The building where you can find the Learning Community Office
- 9. How much better do students in a Learning Community do on average?
- 10. Learning Communities' "catch phrase"
- 12. The name for our goals that are the focus of every Learning Community
- 13. Who assists faculty by mentoring students in our Learning Communities?
- 14. How many years have Learning Communities at WSU existed?

Down

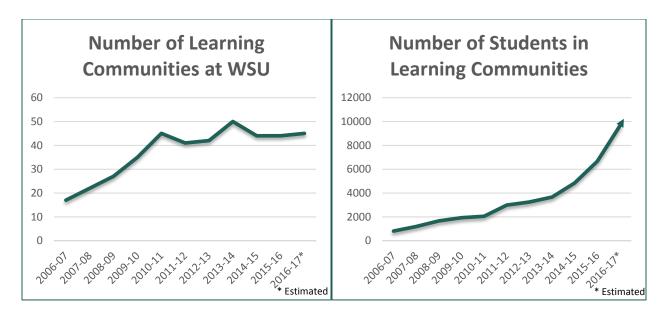
- 2. How do we try to organize our students and faculty?
- 4. Support based on content
- 5. Program Coordinator for Learning Communities
- 6. How much does it cost to participate in a Learning Community?
- 7. How large is the movement of Learning Communities within Higher Education?
- 11. Who runs each Learning Community?
- 12. The acronym for our residential Learning Communities

Where Do You Come In?

Beginning in Fall 2006, Peer Mentoring became an integrated part of the Learning Community program. Research shows that peers play a crucial role in student success. As a result of introducing Peer Mentoring, student success rates among Learning Community participants have increased continually based on student retention (staying in school) and student achievement (grades, credits earned, etc.).



The charts below shows the growth of Learning Communities and the increase in student participation as a result of the Learning Community initiatives started in 2006. For 2015-16, there were 44 different Learning Communities and according to our July 2016 records, 6,664 students participated.



Roles and Responsibilities

LC PROGRAM

Program administration

Collaboration with University community

Training

IMTPC Certification

Marketing and Recruiting

LC Program Assessment

LC Funding

LC COORDINATORS

Liaison for S/C/D
LC Proposal Prep
Content Development
Student Recruitment
PM Management
LC Assessment

LC PEER MENTORS

Connect with Students
Attend LC class
Attend LC events
Support LC Goals
Communicate with LC

Coordinator

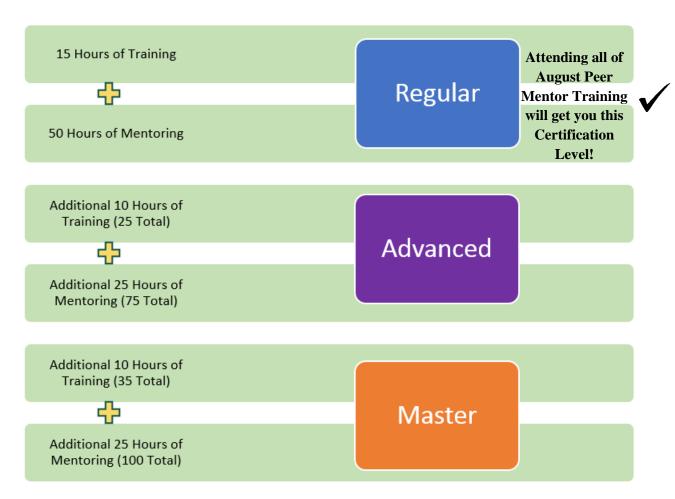
NOTES

| | | | |
|------|------|------|------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

WSU Learning Community Peer Mentor IMTPC Certification Requirements

| Category | Level 1 Regular | Level 2 Advanced | Level 3 Master |
|---|--|---|---|
| A. Amount/ Duration | 15 hours of training | +10 additional hours of training: 25 hours total. | +10 additional hours of training: 35 hours total. |
| B. Training Format (Modes of training) | August Peer Mentor Training | Workshops: (Professional Development in Fall and Winter Semesters) | Workshops: (Professional Development in Fall and Winter Semesters) |
| C. Potential Areas/Topic s of Training | Role of Peer Mentor Peer Mentoring Do's and Don'ts Professional Ethics Establishing Rapport and Motivating Question and Listening Skills Preparing to Study Campus and Community Resources Equal to 15 hours | Conflict Resolution Mentoring Boundaries Ways of Mentoring Cultural Awareness Academic Majors/Advising Additional Topics to Be Announced Equal to 10 hours of additional training from Level 1 (25 hours total) | Conferencing Skills Constructive Criticism Gender Issue Awareness Leadership Styles Additional Topics to Be Announced Equal to 10 hours of additional training from Level 2 (35 hours total) |
| D. Required Experience | 50 hours of mentoring | Additional 25 hours of mentoring to equal a total of 75 hours | Additional 25 hours of mentoring to equal a total of 100 hours |
| E. Mentor Evaluation Process | Evaluation process is in development Evaluation is at least annually Evaluation includes mentee evaluation and Learning Community Coordinator evaluation of Peer Mentor Results of evaluation are made known to the Peer Mentor at the end of the semester | Evaluation process is in development Evaluation is at least annually Evaluation includes mentee evaluation and Learning Community Coordinator evaluation of Peer Mentor Results of evaluation are made known to the Peer Mentor at the end of the semester | Evaluation process is in development Evaluation is at least annually Evaluation includes mentee evaluation and Learning Community Coordinator evaluation of Peer Mentor Results of evaluation are made known to the Peer Mentor at the end of the semester |

As specified by the International Mentor Training Program Certification (IMTPC)



Professional Development Events

| Dates | Time/Location | Topic Choices | |
|---|------------------------------------|--------------------------------|--------------------------------------|
| Tuesday, September 20 th Wednesday, September 21 st | 4-6pm State 407 4-6pm State 413 | Creating Communication | Building Rapport |
| Tuesday, October 11 th Wednesday, October 12 th | 4-6pm State 431 4-6pm State 413 | Constructive Criticism | Command your Calendar |
| Tuesday, November 15 th Wednesday, November 16 th | 4-6pm State 407 4-6pm State 413 | Study Skills Workshop | Motivation Inspiration |
| Tuesday, December 6 th Wednesday, December 7 th | 4-6pm State 407 4-6pm State 413 | Stress: Prevention & Reduction | The Unique Us: Diversity Training |

^{*}Topics will be voted on at lunch during training on Monday, August 22nd. Be sure to circle the chosen topic after it is announced.

Additional Professional Development events will be offered in the Winter semester. Dates and topics to be announced via email later in the semester.

Learning Communities are HIGH IMPACT EDUCATIONAL EXPERIENCES

Dr. George Kuh is the Director of the National Institute for Learning Outcomes Assessment, Adjunct Professor at the University of Illinois, and the Chancellor's Professor Emeritus at Indiana University.

According to Dr. Kuh, certain kinds of college experiences provide superior learning opportunities for students. These experiences are called "High Impact Practices." Success in college is much more than a grade point average or a degree – it is about learning.



Learning Communities are especially effective because we learn more when we learn together:

"More than anything else, being an educated person means being able to see connections that allow one to make sense of the world and act within it in creative ways. Every one of the qualities I have described here—listening, reading, talking, writing, puzzle solving, truth seeking, seeing through other people's eyes, leading, working in a community—is finally about connecting."

[William Cronon, "Only Connect: The Goals of a Liberal Education," Liberal Education 85, no. 1 (1999): 12]

What makes these learning environments so effective? They deepen students' connection to the subject matter. Because they provide students with both independence and support, they are often deeply motivating for students. And they provide opportunities for students, faculty, and peer mentors to interact together.²

¹ http://theatreanddance.wayne.edu/dance/bfa-capstone.php; http://seanhoskins.wix.com/dancecapstone2015; http://eq1964.wix.com/jadenmoten

² Kuh, G. D., & Schneider, C. G. (2008). *High-impact educational practices: What they are, who has access to them, and why they matter.* Washington, DC: Association of American Colleges and Universities.

Eight Characteristics of Especially Effective Learning Environments:

Perfomance expectations are at appropriately high levels

• Challenge is good for studentsit interests and engages themas long as it's within reach

Significant investment of time and effort over extended periods

•LC might have supplemental projects that students work on together over the semester

Public demonstration of competence

•LC sessions can be a great place for students to practice their class presentations, or to present and share learning even if they aren't asked to do so in class

Discover relevance of learning through real-world applications

 Field trips, Speakers, and many other LC Activities can help make learning "real"



Interactions with faculty and peers about substantive matters

- How can you help students interact with faculty?
- Are you open to deeper discussion about the subject matter? College?

Periodic, structured opportunites to reflect and integrate learning

 Reflecting on your own learning may make it easier to help students do so

Frequent, timely, and constructive feedback

 Often peer mentors can provide feedback about students' learning more quickly than the instructor can

Experiences with diversity

 Peer mentor might use icebreakers to help students get to know each other and the rich array of backgrounds among community members

 $[\]ensuremath{^*}$ Photo from the Art Gallery LC

Diversity and Inclusion

Why is Diversity Important?

Opportunities to understand and accept people's differences

Decreased cultural prejudice and discrimination

Development of creativity and critical thinking skills

Improved cultural understanding and tolerance

Preparation for challenges of the global society

Stronger connection to the campus community

"Distinctively Wayne State University" Strategic Plan 2016-2021:

We strive to have an inclusive environment where diversity is valued broadly and every person has the opportunity to contribute and succeed. Our rich multicultural experiences reflect the real world and help develop leadership in a multicultural society. Our goals in this strategic focus are:

- Leverage our diversity to create an inclusive campus where every group and individual feels valued
- Implement and enhance academic programs focused on cultural, language, and global competencies



Creating Inclusion

An inclusive environment is one in which members feel respected by, and connected to, one another, where members contribute to the formation of the group goals and to the realization of those goals. Inclusivity moves us away from simply the physical integration of people to the integration of a person's experiences, knowledge, and perspectives.

Opportunity to learn about ourselves and others. Opposing perspectives give us the opportunity to evaluate and more fully understand our own opinions, perspectives and values. We also benefit by hearing multiple perspectives and learning about others' experiences to help us understand the world around us.

Increased satisfaction and retention of members. When group members feel respected by, and connected to, other members of the group, there is increased satisfaction in the group experience and greater retention of members. Each of us can probably think of a time when we did not feel included and how this impacted our interest in being part of the group.

Access to more human resources and skills. In addition to retention, members who feel included are more likely to contribute their ideas, effort, and time to the success of the group. When this happens, we all benefit.

Opportunity for synergy. When new ideas are encouraged and multiple perspectives are brought to the table, the result can be far greater than the sum of the parts. A creative energy is unleashed.



Cultural Treasure Hunt

Find someone who ...

| Has a name with cultural significance? | Knows what a "barrio" is. | Knows which month is Black History Month. | Knows which building the Cesar Chavez archives are located in. | Knows which country gave the Statue of Liberty to the U.S. |
|--|---|--|--|---|
| Can tell you what the festivals of Eid Ul-Adha and Eid Ul-Fitr are. | Can sing a song in another language. | Knows how many days Ramadan lasts? | Has Native American heritage. | Is bilingual. |
| Has lived outside the United States for more than six months. | Can tell you the name for Detroit in Ojibwa. | REPUBLICATION OF SOMETHING COMMINISTRATION OF | Knows someone who has a Sari. | Can tell you who Johnny Appleseed was. |
| Knows the country of origin of chocolate. | Has been to a non-English speaking country. | Has attended a Bar or Bat Mitzvah. | Wears something of cultural significance. | Knows which city has the largest Mosque in America. |
| Knows what Great Lake(s) means in Chippewa? | Can name 3 of the sacred medicines of the Americas (in Native American tradition) | Knows how the Black National Anthem starts? (first three words) | Knows the city where Dr. Martin Luther King first recited his "I have a dream speech." | Knows what "caliente" means. |

Developed by Stefanie Baier and Sandra Gonzales.

NOTES

| | |
|------|------|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

Nuts and Bolts of Being a Peer Mentor

What to Expect

Working with your supervisor is vital as a Peer Mentor. Work with your supervisor to discuss the information about your learning community and their expectations for your role. Use the follow questions as a guide for things to ask your supervisor.

| Progra | am Goals/Outcomes |
|--------|---|
| • | What does your supervisor want you to accomplish in your role? (short term, semester, |
| | year) |
| | |
| | |
| • | What should students gain from their participation in the program? |
| | |
| | |
| • | How will your mentor responsibilities help students accomplish the program goals? |
| | |
| | |
| Expec | tations |
| • | What are your supervisor's expectations of you? |
| | |
| | |
| • | What are your expectations of your supervisor? What do you need from your supervisor in order to be effective? |
| | |
| | |
| • | How will you know that you're being successful in your role? How and when will your supervisor provide you with feedback? |
| | |
| | |
| Provid | ling Information |
| • | Does your supervisor want you to keep track of the student interactions you have? If so, how? |
| | |

| • Is there a form your supervisor would like you to use to report information? |
|--|
| |
| Meetings • When and where will you regularly meet? |
| What is the intent of your meetings? |
| What information should you be prepared to share at the meetings? |
| If there is more than one mentor for the program, should mentors plan to meet outside o regularly scheduled group meetings with the supervisor? |
| Resources • What resources does your supervisor have that you may need access to (this may includ a budget, professionals in the field/contacts, etc.)? |
| The most important thing to do is talk with your supervisor about what you need and what you should expect from him/her so that you can be successful as a Peer Mentor. NOTES |
| |
| |

Issues and Challenges for Peer Mentors

The challenges that students face evolve as they progress through different stages of their educational experience. Even so, many of the issues students face in adapting to new learning situations have common aspects: developing their skills as learners, relating to others in the educational setting, etc.

Issues for Students

When assisting students with these issues, be sure that you utilize the resources available to you. Sometimes the most important pieces of information you can provide are the names/locations of others who are trained to assist students with these concerns.

Some issues that may come up...

Academic issues

- Speaking up in class
- . Communicating with professors
- Developing semester course schedules
- Seeking academic assistance when problems arise
- Balancing academics and social life
- Choosing or changing a major or minor
- Deciding on participation in internships, service learning, undergraduate research, or other similar opportunities

Personal issues

- Moving to a new environment
- Leaving family/moving away from home
- Learning how to show emotions in appropriate ways
- Making personal decisions everyday

Interpersonal issues

- Connecting with a new friendship group
- Meeting new people (peers, mentors, professors, etc.)
- Managing conflict situations
- Learning to contribute effectively in groups
- · Living with a roommate
- Facing new peer pressures (sex, drugs, alcohol, etc.)
- Dealing with personal relationships

Transfer Students

While transfer students are "new" to the university, they are **NOT** new to college. However, they may have some similar issues as first-year students in terms of transitioning to a new environment. Issues such as becoming familiar with Detroit and the Wayne State University campus. In addition, many of their peers already have established their "friend groups." Finding where they fit may be something you'll discuss with them.

Challenges You May Encounter as a Mentor

There is no "standard" method to use to address the challenges you may encounter. Be sure to talk with your supervisor about challenges that you're facing in your Peer Mentor role. Other Peer Mentors also may be helpful to you as you address different issues. There are many resources available to assist you. Be sure to use them!



Motivation/ encouragement challenges

- Getting students excited about school/activities
- •Low participation at Learning Community events
- Trying to appease everyone
- Dealing with apathy
- •Students not meeting expectations

Role perception challenges

- Not being viewed as a peer
- •Not being seen as an authority figure
- •Students expecting you to solve their problems

Personal challenges

- •Giving advice without personal morals/values getting in the way
- Dealing with roommate issues
- •Confrontation/assertiveness issues

Interpersonal challenges

- Programming/activities
- Breaking the ice
- Being inclusive
- Getting everyone involved

Addressing questions

- Helping others understand their major
- Not being able to answer certain questions
- Not giving too much advice, but empowering the student
- Reaching out to those who need assistance but won't ask for it

^{*} Photo from 2015-16 Peer Mentor Training

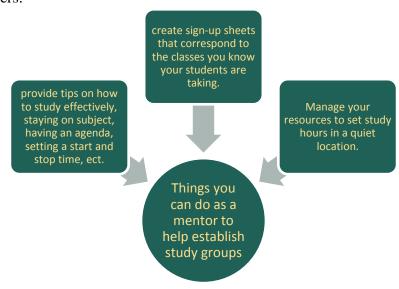
Establishing Effective Study Groups

A large part of your job as a mentor is to maintain an environment that encourages academic success. The students involved in your Learning Community are in a wonderful situation where they can take advantage of the common academic goals of their peers. A great way to encourage the daily integration of academics into the lives of your students is by encouraging them to study together on a regular basis. The following is just a short list of the positive effects of study groups.



Study groups...

- Provide an opportunity for peers to teach each other by reinforcing and clarifying learning.
- Make learning more interesting and fun by providing a type of support group.
- Help students feel more comfortable with material so they can discuss it in the classroom environment.
- Motivate students to study because the success of the group depends on the participation of all members.



^{*} Photo from the Biology 1050 LC

Standards of Behavior for Peer Mentors

As a Peer Mentor, you have big responsibilities. You must always **stay professional** and **be a positive role model** in terms of integrity and ethical behavior. You also must **maintain appropriate boundaries** with those you mentor. You are not their friend, you are their Peer Mentor. Your relationship is always professional. That also requires keeping information you learn about individual students *confidential*.

Confidentiality

The relationship between a mentor and his/her students is based on developing an open and caring *relationship* based on *trust*. As a Peer Mentor, you will work with students who are often new to the idea of opening up to anyone. The importance of confidentiality and maintenance of trust is the basis for the development of the relationship.

Information shared between a mentor and student cannot always be confidential. In some specific instances, maintaining that bond of trust means that you need to share information with others. If a student discusses a situation that could result in self-harm or harm to others, it is your responsibility to report that information immediately to the appropriate persons (Learning Community Coordinator, Advisor, etc.). If the student has a condition that is beyond your ability to assist with (serious neurosis, alcohol/drug problems, or depression), it is in the student's best interest that you share that information as well.

The primary people with whom you should share specific information about an individual student are the staff and faculty who supervise your Learning Community. They are the first people you must contact. If there is the need for further intervention, and your supervisor passes the information along to relevant professional staff, you may be asked to discuss the situation. That is appropriate as long as it is done in a professional manner.

If you are contacted by a student's parent or guardian, refer them to your supervisor. There are strict guidelines that govern the sharing of student information, and your supervisor is trained to follow the laws for disclosure.

When you are "off duty," do not discuss confidential information about your mentees with your family, significant others, friends, or roommates. They do not have a right to know, and you do not have a right to disclose confidential information to them.

Integrity

Integrity is the foundation for a solid and productive relationship with the mentees and with the respective Learning Community staff. A Peer Mentor must display a consistent and positive self-concept including strong values and a respect for the policies and procedures of the Learning Community.

A Peer Mentor must:

- Be vigilant of his/her role as a representative of the Learning Community.
- Be vigilant of his/her role as a representative of Wayne State University.
- Exhibit a level of professionalism while still maintaining a peer relationship with mentee.

Standards of integrity extend to developing relationships with students and Learning Community staff, and to the manner by which the mentor relates and reports to the staff. It is imperative that:

- Any documentation of hours worked and time spent participating in Learning Community activities is reported accurately and in the best interest of the mentee and the University.
- Student mentors track their own time and report it as required.
- Mentors understand the importance of following the guidelines and maintaining the standards that the Learning Community seeks in its mentors.

Ethical Standards

As you perform your duties as a Peer Mentor, it is critical to understand and practice ethical behaviors. You were selected for this position because you possess the ability to establish strong rapport with students. The interpersonal skills that made you a prime candidate for the position also can place you in challenging situations. As you serve in your role, it is important to adhere to some guiding principles of the helping profession.

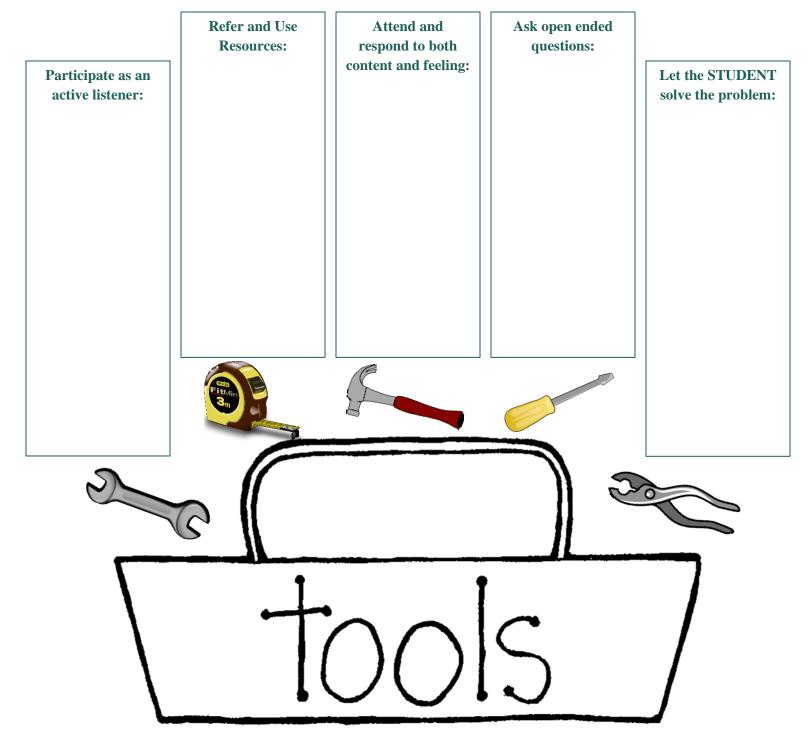
(Excerpted from Students Helping Students, Ender, S. and Newton, F., 2000, Jossey-Bass Publishers)

- Peer Mentors will have knowledge and act consistently with the standards that are appropriate to the agency in which they are employed.
- Peer Mentors will avoid acting beyond the scope of the service for which they were selected and trained and not attempt to offer professional services requiring more extensive qualifications and training.
- Consult with your supervisor when you face a situation that makes you uncomfortable or when you experience a conflict or dilemma.
- Act appropriately when working with persons you are attracted to. Establishing intimate or strongly personal relationships with your mentees is not appropriate and compromises your helping role.
- Remember that as a mentor you are a role model. You are obligated to maintain congruence between what you say to fellow students in your role and how you act in other facets of your life where you can be seen (or heard).
- Avoid over-familiarity with mentees by maintaining a degree of professional distance.

Tools of a GREAT Peer Mentor

Peer Mentors are THE KEY to a Learning Community's success!

YOU are the liaison between the students in your Learning Community and the faculty and staff who run it. You provide support, guidance and connection for all of your Learning Community students. The LC coordinators look to you for feedback and will work with you to make your LC the best it can be.



What IF You Get Stuck?

A good way to find out how things are going in your community is to ASK the people who are participating in it. This can be done in a number of ways.

Brainstorming:

Ask students about their goals for the year and what kinds of activities they would like to see made available – both social and educational. Write down the ideas they give you. When you're looking for something to plan, go to that list. People like knowing that their comments matter.

Survey/Assess:

After an event, hand out a short survey asking what the participants thought – if the content was good, what they learned, what could've been better, what was done really well, etc. We use "Two Likes and a Wish". Also ask for verbal responses and take these comments into consideration for future planning. Again, don't forget to use your resources (like your Learning Community Coordinator) to help you assess and evaluate your new data.

Talk with other mentors:

Get together with other mentors and see what programs/activities they have tried, what has worked, what hasn't. Remember to take into consideration the differences of your Learning Communities that might affect the outcome of a particular program.

Program planning checklist

As a mentor, there will be times when you need to plan programs and activities for your Learning Community. These may be educational/academic or fun/social in nature. Ideas include:



Educational/Academic

- Bringing in guest speakers
- Organizing study groups
- Taking tours of companies/organizations related to the Learning Community
- Attending lectures on campus
- Portfolio and resume workshops
- Campus group presentations
- Community service opportunities

Fun/Social

- •Going out to dinner or dessert
- Hosting a pizza party or potluck
- Going bowling
- •Organizing a "movie night"
- Birthday parties
- Putting together an intramural team
- •Going to a WSU athletic game
- Attending a local festival
- Visiting a local museum or other cultural exhibit

Some things to take into consideration when planning include:



Reserving meeting space on campus

At different times during the year you might find it useful to reserve meeting or activity space on campus. Reserve a room by calling the Dean of Students Office (DOSO) at 313-577-1010.



^{*} Photo from the 2015-16 Learning Community Year End Party

Men-tor

Noun: An adviser.

Verb: To advise or train (someone).

A mentor is an experienced person who provides information, advice, support, and encouragement to a less experienced person, often leading and guiding by example of his/her success in an area.

Advice from past Peer Mentors:

I wish I had been honest about how much I know (or don't know)

I should have asked for help (no question is stupid) You are here for yourself, not to impress anyone in class, etc. Take more initiative, establish rapport with your professor

I wish I had managed my time better How you approach studying is as equally important as the content

Motivate others to work hard, realize motivations

Be proactive; it's easier to get things done ahead of time Ask for (and provide) honest feedback to help you move forward Give students tools to solve problems, make decisions, and learn the value of working through issues for themselves

Create a trusting relationship between mentor and student, build rapport

Follow up quickly (shows that you care, that you are organized, that they are a priority of yours)

Consistency is important

Get a calendar and budget your time

You are a role model; model successful strategies Offer encouragement; YOU CAN overcome and persevere Use technology to reach out to students (FB page, Skype, etc.) to feel connected

Pay attention to find out what is important to students, build connections



Resource Fair Passport

| 1. Counseling and Psychological Services (CAPS) | 2. Campus Health Center | 3. Student Disabilities Services (SDS) | 4. Dean of Students Office (DOSO) |
|--|---|--|---|
| | | Welcome Student Blability Services Office | |
| | | | |
| 5. Academic Success Center | 6. Center of Excellence and Equality in Math (Math Resource Center) | 7. Office of Multicultural Student Engagement (OMSE) | 8. Career Services |
| STUDENT ACADEMIC SUCCESS SERVICES | | | |
| | | | |
| 9. Mort Harris Recreation and Fitness Center (RFC) | 10. Writing Research and Technology (WRT) Zone | 11. University Advising Center | 12. Undergraduate Research Opportunities Program (UROP) |
| MORT HARRIS LINGUIS HARRIS L | | Student Academ | STUDENT SUCCESS LEARNING COMMUNITIES & UNDERGRADUATE RESEARCH |
| | | | |

Look for these highlighted resources in the appendices, and on the map

| Appendices | | | | |
|---|--------------------------|----------------------------|-----------------------|---------------|
| Academic Programs – WSU Schools and | Building Address | Dean's Office | Website | Dean's Office |
| Colleges | | | | Phone Number |
| Mike Ilitch School of Business | 5201 Cass Avenue | 226 Prentis Building | business.wayne.edu | 313-577-4501 |
| College of Education | 5425 Gullen Mall | 441 Education Building | coe.wayne.edu | 313-577-1620 |
| College of Engineering | 5050 Anthony Wayne Drive | 1150 Engineering Building | engineering.wayne.edu | 313-577-3780 |
| College of Fine, Performing, and Communication Arts (CFPCA) | 5104 Gullen Mall | The Linsell House | www.cfpca.wayne.edu | 313-577-5342 |
| Graduate School | 5057 Woodward | Suite 6305 | wayne.edu/gradschool | 313-577-2170 |
| Irvin D. Reid Honors College | 5155 Gullen Mall | 2100 Undergraduate Library | honors.wayne.edu | 313-577-3030 |
| Law School | 471 W. Palmer | 3315 Law School | law.wayne.edu | 313-577-3933 |
| College of Liberal Arts and Science (CLAS) | 4841 Cass Avenue | 2155 Old Main | clas.wayne.edu | 313-577-2515 |
| School of Library and Information Science | 5265 Gullen Mall | 3100 Undergraduate Library | slis.wayne.edu | 313-577-1825 |
| School of Medicine | 540 E Canfield | 1241 Scott Hall | med.wayne.edu | 313-577-1335 |
| College of Nursing | 5557 Cass Avenue | 112 Cohn Building | nursing.wayne.edu | 313-577-4070 |
| Eugene Applebaum College of Pharmacy and Health Sciences (EACPHS) | 259 Mack Avenue | 2620 EACPHS | cphs.wayne.edu | 313-577-1716 |
| School of Social Work | 5447 Woodward Ave | Suite 277 | socialwork.wayne.edu | 313-577-4409 |

| Academic Resources | | | | |
|--|------------------|---|---------------------|---------------|
| | Building Address | Office/Suite | Website | Office Number |
| 5. Academic Success Center (ASC) Study Skills Counseling Supplemental Instruction Tutoring and Workshops | 5155 Gullen Mall | 1600 Undergraduate Library (UGL) | success.wayne.edu | 313-577-3165 |
| 11. Advising (University Advising Center - UAC) for exploratory and pre-professional students | 5155 Gullen Mall | 1600 Undergraduate Library (UGL) | advising.wayne.edu | 313-577-2680 |
| Bulletin (Undergraduate and Graduate) | 5057 Woodward | Suite 5121 | bulletins.wayne.edu | 313-577-2028 |
| Foreign Language Technology Center | 906 West Warren | 385 Manoogian Hall | langlab.wayne.edu | 313-577-3022 |
| Learning Communities learningcommunities@wayne.edu | 656 W. Kirby | 4009 Faculty/Administration Building (FAB) | lc.wayne.edu | 313-577-2254 |

| Libraries: Law Library - Neef | 474 Gilmour Mall | Law Library | www.lib.wayne.edu/neef | 313-577-3925 |
|--|---------------------|---|---|---|
| Medical Library - Shiffman | 320 E. Canfield St. | Mazurek Medical Education Commons | www.lib.wayne.edu/shiffman | 313-577-1088 |
| Purdy-Kresge Library - P/K | 5265 Cass Aveune | Purdy-Kresge Library | www.lib.wayne.edu/pk | 313-577-4042 |
| Undergraduate Library - UGL | 5155 Gullen Mall | Undergraduate Library | www.lib.wayne.edu/ugl | 313-577-5121 |
| 6. Math Resource Center | 656 W. Kirby | 1198 Faculty/Administration Building (FAB) | clasweb.clas.wayne.edu/math/mrc | 313-577-3195 |
| Office of International Students and Scholars (OISS) | 42 W. Warren | 416 Welcome Center | oiss.wayne.edu | 313-577-3422 |
| Ombudsperson | 5221 Gullen Mall | 205 Student Center Building | wayne.edu/ombuds | 313-577-3487 |
| Office of the Provost | 656 W. Kirby | 4092 Faculty/Administration Building (FAB) | provost.wayne.edu | 313-577-2200 |
| Pre-Med and Health Science Center | 5155 Gullen Mall | 1600 UGL | Wayne.edu/advising/prehealth | 313-577-2680 |
| Registrar - Records and Registration: Schedule of Classes STARS for Degree Audit Transfer Credit | 5057 Woodward | 5 th floor | reg.wayne.edu classschedule.wayne.edu stars.wayne.edu transfercredit.wayne.edu | 313-577-3550 |
| 3. Student Disability Services (SDS) | 5155 Gullen Mall | 1600 Undergraduate Library (UGL) | studentdisability.wayne.edu | 313-577-1851 videophone: 313-202-4216 |
| Study Abroad and Global Programs | 906 West Warren | 131 Manoogian Hall | studyabroad.wayne.edu | 313-577-3207 |
| Technology Resource Center Blackboard Office for Teaching and Learning | 5265 Cass Avenue | First floor, Purdy-Kresge Library | trc.wayne.edu blackboard.wayne.edu otl.wayne.edu | 313-577-0001 |
| Testing, Evaluation and Research Services | 5221 Gullen Mall | 698 Student Center Building | testing.wayne.edu | 313-577-3400 |
| Transfer Student Success Center | 5155 Gullen Mall | 1150 Undergraduate Library | Tssc.wayne.edu | 313-577-2487 |
| Undergraduate Affairs Academic Policies General Education | 656 W. Kirby | 4092 Faculty/Administration Building (FAB) | undergrad.wayne.edu | 313-577-2200 |
| 12. Undergraduate Research Opportunities Program (UROP) | 656 W. Kirby | 4007 Faculty/Administration Building (FAB) | urop.wayne.edu | 313-577-9226 |
| 10. Writing Research and Technology Zone | 5155 Gullen Mall | 2310 Undergraduate Library | clas.wayne.edu/writing | 313-577-2544 |

| Other Student Resources | | | | |
|--|----------------------------------|---|---|-------------------------------------|
| Admissions (Undergraduate) | 42 W. Warren | First floor, Welcome Center | wayne.edu/admissions/undergrad | 313-577-2100 |
| Scholarships | 42 W. Warren | First floor, Welcome Center | wayne.edu/scholarships | 313-577-2100 |
| Athletics | 5101 John C. Lodge Service Dr | 101 Matthaei Athletics Complex | wsuathletics.com | 313-577-4280 |
| Bookstore – Wayne State Bookstore | 82 West Warren Avenue | | wayne.bncollege.com | 313-577-2436 |
| Bursar, Office of the - Fiscal Operations | 42 W. Warren | 401 Welcome Center | fisops.wayne.edu/bursar | 313-577-3653 |
| Cashier's Office | 42 W. Warren | 217 Welcome Center | fisops.wayne.edu/bursar/ cashier | 313-577-3650 |
| Student Accounts Receivable (loans, refunds, e-bills) | 42 W. Warren | 401 Welcome Center | fisops.wayne.edu/bursar/accounts-receivable | 313-577-3653 |
| 2. Campus Health Center | 5200 Anthony Wayne Drive | 115 DeRoy Apartment Building | health.wayne.edu | 313-577-5041 |
| 8. Career Services | 656 W. Kirby | 1001 Faculty Administration Building - FAB | careerservices.wayne.edu | 313-577-3390 |
| C&IT Help Desk, helpdesk@wayne.edu | 5221 Gullen Mall | 005 Student Center Building | computing.wayne.edu/helpdesk | 313-577-4778 or 313-577- HELP |
| CommunityEngagement@Wayne | 5155 Gullen Mall | 2100 Undergraduate Library (UGL) | communityengagement.wayne.edu | 313-577-9216 |
| 1. Counseling and Psychological Services (CAPS) | 5221 Gullen Mall | 552 Student Center Building | caps.wayne.edu | 313-577-3398 |
| 4. Dean of Students Office (DOSO) Judicial / Code of Conduct Student Orgs Student Senate | 5221 Gullen Mall | 3 rd floor, Student Center Building | doso.wayne.edu | 313-577-1010 |
| Equal Opportunity, Office of | 656 W. Kirby | 4324 Faculty/Administration Building (FAB) | oeo.wayne.edu | 313-577-2100 |
| Financial Aid, Office of Student (OSFA) | 42 W. Warren | First floor, Welcome Center | wayne.edu/financial-aid | 313-577-3378 |
| Free Legal Aid Clinic | 5425 Woodward | Free Legal Aid Clinic | detroitflac.com | 313-833-0058 |
| Housing and Residential Life | 5221 Gullen Mall | 598 Student Center Building | housing.wayne.edu | 313-577-2116 |
| Dining – Aramark | | | dining.wayne.edu | 313-577-9941 |

| FedEx Office | 5266 Anthony Wayne Dr | First floor, Towers Residential Suites | psg.kinkos.com/waynestate | 313-833-3876 |
|---|-----------------------------|---|---|------------------------------|
| 9. Mort Harris Recreation and Fitness Center (RFC) | 5210 Gullen Mall | Mort Harris Recreation and Fitness Center | rfc.wayne.edu | 313-577-2348 |
| 7. Office of Multicultural Student Engagement | 5265 Cass Ave. | 331 Purdy Kresge Library | wayne.edu/diversity/omse | 313-577-9193 |
| OneCard Service Center | 42 W. Warren | 257 Welcome Center | onecard.wayne.edu | 313-577-2273 |
| Parking and Transportation Services | 42 W. Warren | 257 Welcome Center | parking.wayne.edu | 313-577-7275 |
| PC Clinic | 5221 Gullen Mall | 799 Student Center | pcclinic@wayne.edu | 313-577-5056 |
| Police Department | 6050 Cass Avenue | | police.wayne.edu Emergency Non-emergency | 313-577-2222 313-577-6057 |
| Student Center Administration Campus Information and Service Center Reservations | 5221 Gullen Mall | 135 Student Center Building | studentcenter.wayne.edu studentcenter.wayne.edu/reservations.php | 313-577-4585 |
| Student Service Center (SSC) Accounts receivable Admissions Financial Aid Registrar | 42 W. Warren | First floor, Welcome Center | wayne.edu/studentservice | 313-577-2100 |
| University Pharmacy | 5254 Anthony Wayne Drive | Towers Residential Suites | universityrx.wayne.edu | 313-831-2008 |
| Office of Military and Veterans Academic Excellence | 5155 Gullen Mall | 1600 Undergraduate Library | omvae.wayne.edu | 313-577-9180 |
| Student Veterans Resource Center | 5221 Gullen Mall | 687 Student Center Building | omvae.wayne.edu/student-vet- resource-center.php | 313-577-4753 |

2016-17 Learning Community Calendar

August 2016

Peer Mentor Kickoff and Training: 8/22-8/23/16

Orientation Part 2 (O2) and FestiFall: 8/29/16 and 8/30/16 (opportunity to market LCs)

Meet and connect with students

September 2016

Run LC and track who has joined

Student Organization Day: 9/14/16, 11am - 2pm

Peer Mentor Professional Development: 9/20/16, 4-6pm, 407 State & 9/21/16, 4-6pm, 413 State

October 2016

Peer Mentor Professional Development: 10/11/16, 4-6pm, 431 State & 10/12/16, 4-6pm, 413 State

Fall Open House: 10/15/16

November 2016

Peer Mentor Professional Development: 11/15/16, 4-6pm, 407 State & 11/16/16, 4-6pm, 413 State

National Learning Community Conference 11/10-11/12/16 Atlanta, GA

December 2016

Peer Mentor Professional Development: 12/6/16, 4-6pm, 407 State & 12/7/16, 4-6pm, 413 State

January 2017

Welcome 2016-17 LC students back, meet & connect with students

Peer Mentor Professional Development: Week of 1/23/17, Details TBD

February 2017

Continue to meet and connect with students

Peer Mentor Professional Development: Week of 2/20/17, Details TBD

March 2017

Spring Break, No Classes, 3/13/17 through 3/18/17

Peer Mentor Professional Development: Week of 3/20/17, Details TBD

Remind 2016-17 LC students to register for Fall 2017 classes

April 2017

Complete LC Year End Assessment Surveys (for Peer Mentors & students)

2016 - 2017 LC Year-End event: 4/24/17, Details TBD

Remind 2016-17 LC students to register for Fall 2017 classes

May 2017

2016-17 LCs "end"

Year-end assessment due: 5/15/17

June 2017

Remind 2016-17 LC students to register for Fall 2017 classes

July 2017

Remind 2016-17 LC students to register for Fall 2017 classes

August 2017

Remind 2016-17 LC students to register for Fall 2017 classes

The full LC calendar can be found at http://wayne.edu/learning-communities/faculty/.

^{*} This calendar is intended for LC Peer Mentors.

Campus Map

